

SHIRLEY'S MENU
WEEK 2:
MARCH 19th-23rd 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Diced Pears Milk	Sausage Biscuit Banana Milk	Pancakes w/ preserves Banana Milk	Oatmeal Diced Pears Milk	English Muffin Home Fries Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets Mashed Potatoes Peas Milk	Bean Burrito Diced Carrots Green Beans Milk	Tuna Sandwich on w/w Bread Sliced Tomatoes Carrot Raisin Salad Milk	Shepherd's Pie w/ Ground Beef Mandarin Oranges Biscuit Milk	Sloppy Joe w/ Ground Turkey Coleslaw Baked Beans Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Chex mix Banana Water	Cheese Crackers Tomato Wedge Water	Saltines Turkey Slice Water	Peanut Butter Apple Wedges Water	Wheat Thins Cheese Slice Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Blueberry Muffin Milk	Ritz Cracker Cheese Slice Water	Peanut Butter 1/2 Banana Water	1/2 Egg Salad Sandwich Water	Chex Mix Applesauce Water