

MS SHIRLEY MENU WEEK 6

OCTOBER 8th – 12th 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Biscuits w/ Gravy Peaches Milk | Boiled Eggs Hash Browns Milk | English Muffin Peanut Butter Banana Milk | Oatmeal Mixed Fruit Milk | Cheerios Pineapple Chunks |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Chicken & Yellow Rice Broccoli Carrots Milk | Grilled Cheese on w/w Bread Tomato Soup Carrot Sticks Milk | Meatloaf Mashed Potatoes Stewed Tomato Biscuit Milk | Macaroni & Spaghetti Sauce w/ Ground Turkey Green Beans Cauliflower | Turkey Sandwich Tater Tots Mandarin Oranges Milk |
| AFT. SNACK | AFT. SNACK | AFT. SNACK | AFT. SNACK | AFT. SNACK |
| Sun Chips Banana Water | Celery Sticks Peanut Butter Water | Peanut Butter Crackers Milk | Yogurt Carrot Sticks Water | Cheese w/ Ritz Crackers Water |
| 5:15 SNACK | 5:15 SNACK | 5:15 SNACK | 5:15 SNACK | 5:15 SNACK |
| ½ Peanut Butter & Jelly Sandwich Water | Pop Tart Banana Water | Chex Mix Apples Water | Cheese-Its Peaches Water | Sun Chips Orange Juice |