

MS SHIRLEY MENU WEEK 6
JANUARY 12th – 16th 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pancakes	Mini Bagel	Sausage Biscuit	Oatmeal	Cheerios
Pineapple	Pears	Banana	Banana	Banana
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Yellow Rice	Egg Salad on w/w Bread	Meatloaf	Goulash w/ Ground Turkey	Beef Stew & Yellow Rice
Peas	Pineapple	Mashed Potatoes	Green Beans	Broccoli
Carrots	Carrot Sticks	Stewed Tomato Biscuit	Cauliflower	Mandarin Oranges
Milk	Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cheerios	Graham Crackers	Triscuits	Cheese It Crackers	Cheese w/ Ritz Crackers
Milk	Banana	Banana	Carrot Sticks	
	Water	Water	Water	Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Animal Crackers	Cheese Crackers	Cheese and Crackers	Yogurt	Pretzels
Oranges	Milk		Graham Crackers	Mixed Fruit
Water		Water	Water	Water

Unflavored Milk, 1–2-year-olds Whole Milk and 2–5-year-olds 1%