

MS SHIRLEY MENU WEEK 6
DECEMBER 1st - 5th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios	Mini Bagel	English Muffin	Oatmeal	Pancakes
Peaches	Banana	Banana	Banana	Banana
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Yellow Rice	Egg Salad on w/w Bread	Meatloaf	Goulash w/ Ground Turkey	Beef Stew & Yellow Rice
Peas	Pineapple	Mashed Potatoes	Green Beans	Broccoli
Carrots	Carrot Sticks	Stewed Tomato Biscuit	Cauliflower	Mandarin Oranges
Milk	Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cheese w/ Ritz Crackers	Graham Crackers	Chex Mix	Cheese It Crackers	Cheerios
	Banana	Banana	Carrot Sticks	
Water	Water	Water	Water	Milk
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Animal Crackers	Cheese Crackers	Cheese and Crackers	Yogurt	Graham Crackers
Mixed Fruit			Graham Crackers	½ Banana
Water	Milk	Water	Water	Water

Unflavored Milk, 1-2 year-olds Whole Milk and 2-5-year-olds 1%