

MS SHIRLEY MENU WEEK 6  
OCTOBER 13<sup>th</sup> – 17<sup>th</sup> 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cheerios  Peaches  Milk	English Muffin Peanut Butter Banana  Milk	French Toast Stick  Banana  Milk	Pancakes  Banana Milk	Oatmeal  Banana  Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Goulash w/ Ground Turkey  Green Beans  Cauliflower  Milk	Grilled Cheese on w/w Bread  Tomato Soup  Carrot Sticks  Milk	Meatloaf  Mashed Potatoes  Stewed Tomato Biscuit  Milk	Chicken & Yellow Rice  Peas  Carrots  Milk	Beef Stew & Yellow Rice  Broccoli  Mandarin Oranges  Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Cheese w/ Ritz Crackers  Water	Graham Crackers  Banana  Water	Wheat Thins  Banana  Water	Cheerios  Milk	Cheese It Crackers  Carrot Sticks  Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Animal Crackers  Mixed Fruit  Water	Cereal  Milk	Cheese and Crackers  Water	Graham Crackers  ½ Banana  Water	Yogurt  Graham Crackers  Water

**Unflavored Milk, 1-2 year-olds Whole Milk and 2-5-year-olds 1%**