

# MS SHIRLEY MENU WEEK 6

JULY 21<sup>st</sup> -25<sup>th</sup> 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios	English Muffin Peanut Butter	Waffles	Oatmeal	Pancakes
Peaches	Banana	Banana	Banana	Banana
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Yellow Rice	Meatloaf	Grilled Cheese on w/w Bread	Goulash w/ Ground Turkey	Beef Stew & Yellow Rice
Peas	Mashed Potatoes	Tomato Soup	Green Beans	Broccoli
Carrots	Stewed Tomato Biscuit	Carrot Sticks	Cauliflower	Mandarin Oranges
Milk		Milk	Milk	
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cheese w/ Ritz Crackers	Chex Mix	Graham Crackers	Cheese It Crackers	Cheerios
	Banana	Banana	Carrot Sticks	
Water	Water	Water	Water	Milk
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Animal Crackers	Peanut Butter Crackers	Cheese and Crackers	Yogurt	Graham Crackers
Mixed Fruit			Graham Crackers	½ Banana
Water	Milk	Water	Water	Water

**Unflavored Milk, 1-2-year-olds Whole Milk and 2-5-year-olds 1%**