

# MS SHIRLEY MENU WEEK 5

JULY 9<sup>th</sup> – 13<sup>th</sup> 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal Diced Pears Milk	Cheerios Pineapple Milk	English Muffin w/ Peanut Butter Banana Milk	Sausage Biscuit Melon Milk	Cheese Grits Banana Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Tuna & Egg Noodle Peas Diced Carrots Milk	Chicken Quesadilla Cauliflower Green Beans Milk	Chili w/ Ground Beef Sliced Peaches Corn Bread Milk	Red Beans & Rice Corn Mixed Fruit Milk	Ham & Cheese on Croissant Broccoli Watermelon Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Saltines Cheese Slices Water	Pretzels Apple Wedges Water	Wheat Thins Banana Water	Chex Mix Orange Juice	Ritz Crackers Peanut Butter Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Wheat Thins Applesauce Water	Saltine Crackers Cheese Water	Animal Crackers Milk	Triscuit Deli Egg Water	Chips Salsa Water