

MS SHIRLEY MENU WEEK 5

AUGUST 20th-24th 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles Diced Pears Milk	Cheerios Pineapple Milk	English Muffin w/ Peanut Butter Banana Milk	Sausage Biscuit Melon Milk	Cheese Grits Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tuna & Egg Noodle Peas Diced Carrots Milk	Chicken Quesadilla Cauliflower Green Beans Milk	Chili w/ Ground Beef Sliced Peaches Corn Bread Milk	Red Beans & Rice Corn Mixed Fruit Milk	Ham & Cheese on Croissant Broccoli Watermelon Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Wheat Thins Banana Water	Pretzels Apple Wedges Water	Saltines Cheese Slices Water	Chex Mix Orange Juice	Ritz Crackers Peanut Butter Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Animal Crackers Milk	Saltine Crackers Cheese Water	Wheat Thins Applesauce Water	Triscuit Deli Egg Water	Chips Salsa Water