

MS SHIRLEY MENU WEEK 5

JANUARY 5th – 9th 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios	Oatmeal	English Muffin w/ Peanut Butter	Waffles	Mini Bagel
Peaches	Pears	Pineapple	Melon	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tuna & Egg Noodle	Chicken Quesadilla	Chili w/ Ground Beef	Red Beans & Rice	Ham on W/W Bread
Peas	Cauliflower	Sliced Peaches	Corn	Broccoli
Diced Carrots	Green Beans	Corn Bread	Mixed Fruit	Watermelon
Milk	Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cheese Crackers	Ritz Crackers	Wheat Thins	Chex Mix	Graham Crackers
	Cheese Slices	Melon	Peaches	Oranges
Milk	Water	Water	Water	Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Granola Bar	Goldfish	Cereal	Graham Cracker	Saltine Crackers
Applesauce	Mixed Fruit		Yogurt	Cheese
Water	Water	Milk	Water	Water

Unflavored Milk, 1-2 year-olds Whole Milk and 2-5-year-olds 1%