

MS SHIRLEY MENU WEEK 5

NOVEMBER 17th - 21st 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios	Waffles	English Muffin w/ Peanut Butter	Oatmeal	Sausage Biscuit
Pineapple	Pears	Pears	Melon	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tuna & Egg Noodle	Chicken Quesadilla	Chili w/ Ground Beef	Turkey and Stuffing	Red Beans & Rice
Peas	Cauliflower	Sliced Peaches	Green Beans	Mixed Vegetables
Diced Carrots	Mixed Fruit	Corn Bread	Corn	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Animal Crackers	Triscuits	Chex Mix	Pretzels	Graham Crackers
	Boiled Egg	Melon	Mixed Fruit	Oranges
Milk	Water	Water	Water	Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Graham Cracker	Shortbread Crackers	Cereal	½ Egg Salad Sandwich	Saltine Crackers
Pears	Mixed Fruit			Cheese
Water	Water	Milk	Water	Water

Unflavored Milk, 1-2-year-olds Whole Milk and 2-5-year-olds 1%