

MS SHIRLEY MENU WEEK 5

JULY 14th – 18th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles	Oatmeal	English Muffin w/ Peanut Butter	Cheerios	Mini Bagel
Pineapple	Pineapple	Pears	Melon	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tuna & Egg Noodle	Chicken Quesadilla	Chili w/ Ground Beef	Red Beans & Rice	Ham on W/W Bread
Peas	Cauliflower	Sliced Peaches	Corn	Broccoli
Diced Carrots	Green Beans	Corn Bread	Mixed Fruit	Watermelon
Milk	Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Wheat Thins	Cheese Crackers	Chex Mix	Animal Crackers	Graham Crackers
Cheese Slices		Melon	Peaches	Oranges
Water	Milk	Water	Water	Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Graham Cracker	Pretzels	Peanut Butter Crackers	½ Peanut Butter & Jelly Sandwich	Saltine Crackers
Applesauce	Mixed Fruit			Cheese
Water	Water	Milk	Water	Water

Unflavored Milk, 1–2-year-olds Whole Milk and 2–5-year-olds 1%

