MS SHIRLEY MENU WEEK 5

 $JULY 14^{th} - 18^{th} 2025$

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Waffles | Oatmeal | English Muffin | Cheerios | Mini Bagel |
| | | w/ Peanut | | |
| | | Butter | | |
| Pineapple | Pineapple | Dama | Melon | Mixed Fruit |
| Milk | Milk | Pears | Milk | Milk |
| | | NAIL | | |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Tuna & Egg | Chicken | Chili w/ Ground | Red Beans & | Ham on W/W |
| Noodle | Quesadilla | Beef | Rice | Bread |
| 5 | | | | |
| Peas | Cauliflower | Sliced Peaches | Corn | Broccoli |
| Diced Carrots | Green Beans | Corn Bread | Com | Watermelon |
| Diced Carrons | Oreen Dedits | Combread | Mixed Fruit | Worermeion |
| | | | | |
| Milk | Milk | Milk | | Milk |
| | | | AFT, SNACK | |
| Milk <mark>AFT. SNACK</mark> Wheat Thins | Milk AFT. SNACK Cheese | Milk AFT. SNACK Chex Mix | AFT. SNACK Animal | Milk AFT. SNACK Graham |
| AFT. SNACK | AFT. SNACK | AFT. SNACK | AFT. SNACK | AFT. SNACK |
| AFT. SNACK | AFT. SNACK Cheese | AFT. SNACK | AFT. SNACK Animal | AFT. SNACK Graham Crackers |
| AFT. SNACK | AFT. SNACK Cheese | AFT. SNACK | AFT. SNACK Animal Crackers | AFT. SNACK Graham |
| AFT. SNACK Wheat Thins Cheese Slices | AFT. SNACK Cheese | AFT. SNACK Chex Mix Melon | AFT. SNACK Animal | AFT. SNACK Graham Crackers Oranges |
| AFT. SNACK Wheat Thins | AFT. SNACK Cheese Crackers | AFT. SNACK Chex Mix | AFT. SNACK Animal Crackers Peaches | AFT. SNACK Graham Crackers |
| AFT. SNACK Wheat Thins Cheese Slices | AFT. SNACK Cheese | AFT. SNACK Chex Mix Melon | AFT. SNACK Animal Crackers | AFT. SNACK Graham Crackers Oranges |
| AFT. SNACK Wheat Thins Cheese Slices Water | AFT. SNACK Cheese Crackers | AFT. SNACK Chex Mix Melon Water | AFT. SNACK Animal Crackers Peaches | AFT. SNACK Graham Crackers Oranges Water |
| AFT. SNACK Wheat Thins Cheese Slices Water 5:15 SNACK | AFT. SNACK Cheese Crackers Milk 5:15 SNACK | AFT. SNACK Chex Mix Melon Water 5:15 SNACK | AFT. SNACK Animal Crackers Peaches Water 5:15 SNACK ½ Peanut Butter & Jelly | AFT. SNACK Graham Crackers Oranges Water 5:15 SNACK |
| AFT. SNACK Wheat Thins Cheese Slices Water 5:15 SNACK Graham Cracker | AFT. SNACK Cheese Crackers Milk 5:15 SNACK | AFT. SNACK Chex Mix Melon Water 5:15 SNACK Peanut Butter | AFT. SNACK Animal Crackers Peaches Water 5:15 SNACK ½ Peanut | AFT. SNACK Graham Crackers Oranges Water 5:15 SNACK Saltine Crackers |
| AFT. SNACK Wheat Thins Cheese Slices Water 5:15 SNACK Graham | AFT. SNACK Cheese Crackers Silk 5:15 SNACK Pretzels Mixed Fruit | AFT. SNACK Chex Mix Melon Water 5:15 SNACK Peanut Butter | AFT. SNACK Animal Crackers Peaches Water 5:15 SNACK ½ Peanut Butter & Jelly | AFT. SNACK Graham Crackers Oranges Water 5:15 SNACK Saltine |
| AFT. SNACK Wheat Thins Cheese Slices Water 5:15 SNACK Graham Cracker | AFT. SNACK Cheese Crackers <u>Milk</u> 5:15 SNACK Pretzels | AFT. SNACK Chex Mix Melon Water 5:15 SNACK Peanut Butter | AFT. SNACK Animal Crackers Peaches Water 5:15 SNACK ½ Peanut Butter & Jelly | AFT. SNACK Graham Crackers Oranges Water 5:15 SNACK Saltine Crackers |

Unflavored Milk, 1–2-year-olds Whole Milk and 2–5-year-olds 1%