

# MS SHIRLEY MENU WEEK 5

MARCH 18<sup>th</sup>-22<sup>nd</sup> 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Oatmeal  Mandarin Oranges  Milk	Waffles  Melon  Milk	English Muffin w/ Peanut Butter  Banana  Milk	Cheerios  Pineapple Chunks  Milk	Sausage Biscuit  Banana  Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Tuna & Egg Noodle  Peas  Diced Carrots  Milk	Chili w/ Ground Beef  Sliced Peaches  Corn Bread  Milk	Chicken Quesadilla  Tossed Salad  Green Beans Milk	Red Beans & Rice  Corn  Mixed Fruit Milk	Ham & Cheese on Croissant  Broccoli  Watermelon  Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Cheese Slices  Tomato Wedges  Water	Pretzels  Apple Wedges  Water	Wheat Thins  Banana  Water	Animal Crackers  Orange Juice	Ritz Crackers  Peanut Butter  Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Rice Crispy Treat  Milk	Veggie Crackers  Cheese Slices  Water	Graham Cracker  Oranges  Water	Chips Salsa  Water	Cheese Crackers  Mixed Fruit  Water