

SHIRLEY'S MENU WEEK 4

November 10th – 14th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Pineapple Milk	Waffles w/ Preserves Diced Peaches Milk	English Muffin Banana Milk	Oatmeal Banana Milk	Biscuit Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Yellow rice Broccoli Cauliflower Milk	Turkey & Stuffing Corn Green Beans Milk	Spaghetti w/ Ground Beef Tossed Romaine Mixed Vegetables Milk	Cheese Pizza on English Muffin Carrot Sticks Sliced Tomatoes Milk	Ham & Cheese Sandwich Carrot Sticks Mixed Fruit Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Triscuits Applesauce Water	Chex Mix Banana Water	Graham Crackers Banana Water	Wheat Thins Cheese Slices Water	Cheese Crackers Milk
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Goldfish Cheese Slices Water	Cheese and Crackers Water	Cereal Milk	Teddy Graham Banana Water	Wheat Thin Mixed Fruit Water

Unflavored Milk, 1-2 year-olds Whole Milk and 2-5-year-olds 1%