

SHIRLEY'S MENU WEEK 4

SEPTEMBER 29th - OCTOBER 3rd 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Cereal Pineapple Milk	Biscuit Peaches Milk	French Toast Sticks Banana Milk	Waffles w/ Preserves Banana Milk	Oatmeal Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Turkey & Cheese Sandwich Broccoli Mixed Fruit Milk	Spaghetti w/ Ground Beef Tossed Romaine Mixed Vegetables Milk	Chicken & Dumplings Peaches Cauliflower Milk	Pizza Pineapple Green Beans Milk	Turkey & Stuffing Corn Peas Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Animal Crackers Milk	Graham Crackers Banana Water	Chex Mix Banana Water	Crackers Cheese Slices Water	Pretzel Yogurt Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Triscuits Applesauce Water	Cheese and Crackers Water	Cereal Milk	Animal Cracker Banana Water	Wheat Thins Mixed Fruit Water

Unflavored Milk, 1–2-year-olds Whole Milk and 2–5-year-olds 1%