

# SHIRLEY'S MENU WEEK 4

## AUGUST 18<sup>th</sup> – 22<sup>nd</sup> 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Cereal	Oatmeal	Pancakes	Waffles w/ Preserves	Biscuit
D. Pears	Peaches	Banana	Banana	Banana
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Dumplings	Turkey & Stuffing	Spaghetti w/ Ground Beef	Pizza	Ham & Cheese Sandwich
Peaches	Corn	Tossed Romaine	Pineapple	Broccoli
Cauliflower	Peas	Mixed Vegetables	Green Beans	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Crackers	Graham Crackers	Chex Mix	Cheerios	Pretzel
Cheese Slices	Banana	Banana	Milk	Yogurt
Water	Water	Water		Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Triscuits	Cheese and Crackers	Ritz Bits Crackers	Animal Cracker	Wheat Thins
Carrot Sticks			Banana	Mixed Fruit
Water	Water	Milk	Water	Water

Unflavored Milk, 1–2-year-olds Whole Milk and 2–5-year-olds 1%