

# MS SHIRLEY MENU WEEK 4

DECEMBER 2<sup>nd</sup> – 6<sup>th</sup> 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cheerios  Diced Peaches  Milk	Waffles  Pineapple  Milk	Breakfast Bar  Peaches  Milk	English Muffins  Mixed Fruit  Milk	Oatmeal  Melon  Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Goulash w/ Ground Turkey Peas Carrots  Milk	Tuna Sandwich On W/W Bread  Tator Tots Pineapple	Bean Burrito  Green Beans  Sweet Potatoes  Milk	Chicken & Dumplings  Broccoli Cauliflower  Milk	Shepard's Pie/ Ground Beef  Sliced Peaches Biscuits  Milk
<b>2:30 SNACK</b>	<b>2:30 SNACK</b>	<b>2:30 SNACK</b>	<b>2:30 SNACK</b>	<b>2:30 SNACK</b>
Chex Mix  Pineapple  Water	Saltines  Sliced Turkey  Water	Cheese  Pretzels  Water	Wheat Thins  Melon  Water	Graham Crackers  Oranges
<b>5:30 SNACK</b>	<b>5:30 SNACK</b>	<b>5:30 SNACK</b>	<b>5:30 SNACK</b>	<b>5:30 SNACK</b>
Cereal  Milk	Graham Cracker  Mixed Fruit	Chex Mix  Orange Wedges  Water	½ Tuna Salad Sandwich  Water	Cheese  Saltine Crackers  Water

UNFLAVORED MILK 1–2-year-olds Whole Milk, 2–5-year-olds 1%