

MS SHIRLEY MENU WEEK 4

OCTOBER 21st- 25th 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
English Muffin Diced Peaches Milk	Waffles Pineapple Milk	Breakfast Bar Peaches Milk	Cheerios Mixed Fruit Milk	Oatmeal Melon Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Goulash w/ Ground Turkey Peas Carrots Milk	Tuna Sandwich On W/W Bread Tator Tots Pineapple Milk	Bean Burrito Green Beans Sweet Potatoes Milk	Chicken & Dumplings Broccoli Cauliflower Milk	Shepard's Pie/ Ground Beef Sliced Peaches Biscuits Milk
2:30 SNACK	2:30 SNACK	2:30 SNACK	2:30 SNACK	2:30 SNACK
Chex Mix Diced Pears Water	Saltines Sliced Ham Water	Cheese Pretzels Water	Wheat Thins Melon Water	Graham Crackers Oranges Water
5:30 SNACK	5:30 SNACK	5:30 SNACK	5:30 SNACK	5:30 SNACK
Cereal Milk	Graham Cracker Mixed Fruit Water	Chex Mix Orange Wedges Water	½ Tuna Salad Sandwich Water	Cheese Saltine Crackers Water

UNFLAVORED MILK 1-2-year-olds Whole Milk, 2-5-year-olds 1%