

MS SHIRLEY MENU WEEK 4

JULY 22nd - 26th 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pancakes Diced Pears Milk	Oatmeal Peaches Milk	Cheese Toast Mixed Fruit Milk	Cheerios Cantaloupe Milk	English muffin Peaches Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Beef Stew w/ Brown Rice Peas Carrots Milk	Baked Ziti w/ Ground Turkey Green Beans Tossed Romaine Milk	Chicken Quesadilla Mixed Vegetables Cauliflower Milk	Meatloaf w/ Biscuit Mashed Potatoes Stewed Tomatoes	Turkey Sandwich on w/w Bread Melon Broccoli
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Animal Crackers & Yogurt	Graham Cracker Applesauce Water	Cheez-it Crackers Tomato Slices Water	Chex Mix Oranges Water	Cheese Crackers Milk
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Animal Crackers Mixed Fruit	½ Turkey Sandwich	Wheat Thins & Cheese	Cereal	Cheese Slices Tomato Slices

UNFLAVORED MILK 1–2-year-olds Whole Milk, 2–5-year-olds 1%

