MS SHIRLEY MENU WEEK 4

MARCH 18th – 24th 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles	Breakfast Bar	Oatmeal	Cheerios	Biscuit w/ Jelly
Diced Pears	Peaches	Mixed Fruit	Cantaloupe	Peaches
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Beef Stew w/	Baked Ziti w/	Chicken	Macaroni and	Ham Sandwich
Rice	Ground Turkey	Quesadilla	Cheese w/ Ground Beef	on w/w Bread
Peas	Green Beans	Mixed Vegetables	Corn	Melon
Carrots	Romaine	vegerables	COIII	Broccoli
		Cauliflower	Stewed Tomatoes	2,000.
Milk	Milk			Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cheese and Crackers	Chex Mix	Wheat Thins	Animal Crackers	Graham Cracker
	Oranges	Mixed Fruits		
			Milk	Applesauce
Water		Water		
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Graham	Cereal	1/2 Turkey	Goldfish Crackers	Ritz Crackers
Crackers		Sandwich		
				Cheese Slices
			. Pears	
Mixed Fruit		Water	Water	