

# MS SHIRLEY MENU WEEK 4

FEBRUARY 5<sup>th</sup>-9<sup>th</sup> 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Waffles  Diced Pears  Milk	Cheerios  Peaches  Milk	Oatmeal  Mixed Fruit  Milk	English Muffin  Cantaloupe  Milk	Biscuit w/ Jelly  Peaches  Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken Nuggets  Mashed Potatoes  Diced Carrots  Milk	Baked Ziti w/ Ground Turkey  Green Beans  Peaches  Milk	Chicken Quesadilla  Mixed Vegetables  Cauliflower  Milk	Beef Stew w/ Rice  Peas  Corn  Milk	Ham Sandwich on w/w Bread  Melon  Broccoli  Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Animal Crackers &  Yogurt  Water	Cheese and Crackers  Water	Cheerios  Milk	Wheat Thins  Cantaloupe  Water	Graham Cracker  Applesauce  Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Graham Crackers  Mixed Fruit  Water	Goldfish Crackers  . Peas  Water	Wheat Thins  Applesauce  Water	Cereal  Milk	Ritz Crackers  Cheese Slices  Water

UNFLAVORED MILK 1–2-year-olds Whole Milk, 2–5-year-olds 1%

