

# SHIRLEY'S MENU WEEK 4

## MARCH 11<sup>th</sup>-15<sup>th</sup> 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cheerios  Pineapple  Milk	Pancakes w/ Preserves  Diced Pears  Milk	English Muffin  Cantaloupe  Milk	Oatmeal  Mandarin Oranges  Milk	Sausage Biscuit  Mixed Fruit  Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken Nugget  Pineapple Chunks  Carrot Stick  Milk	Turkey and Stuffing  Corn Green Beans  Milk	Spaghetti w/ Ground Beef  Tossed Romaine  Mixed Vegetables  Milk	Cheese Pizza on English Muffin  Carrot Sticks  Sliced Tomatoes  Milk	Beef Tips Yellow Rice  Diced Carrots  Peas  Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Peanut Butter Crackers  Milk	Pineapple Chunks  Cheese Stick  Water	Pretzel  Applesauce  Water	Sun Chips  Tomato Wedges  Water	Wheat Thins  Orange Wedge  Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Sun Chips  Applesauce  Water	Cookie  Milk	Peanut Butter & Jelly Sand  Water	Graham Crackers  Pineapple  Water	Boiled Egg  Saltine  Water