

MS SHIRLEY MENU WEEK 3

MARCH 16th – 20th 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Cereal Pineapple Milk	Biscuits & Jelly Diced Pears Milk	Mini Bagel w/ Cream Cheese Mixed Fruit Milk	Waffles w/ preserves Melon Milk	Sausage Biscuit Peaches Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Egg Noodle Peas Diced Carrots Milk	Fish Shapes Mixed Vegetables Mashed Potato Milk	Hamburger on Bun Baked Apples Green Beans Milk	Baked Ziti w/ Ground Turkey Tossed Romaine Sweet Potatoes Milk	Turkey Sandwich Broccoli Carrot Sticks Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Goldfish Crackers Peaches Water	Saltine Crackers Boiled Egg Water	Wheat Thins Carrot Sticks Water	Teddy Grahams Applesauce Water	Animal Crackers Milk
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Saltines Cheese Water	Chex Mix Applesauce Water	Granola Bar Milk	Yogurt Graham Cracker Water	Ritz Bits Mixed Fruit Water

Unflavored Milk, 1-2 year-olds Whole Milk and 2–5-year-olds 1%