

MS SHIRLEY MENU WEEK 3

FEBRUARY 2nd – 6th 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Cereal Pineapple Milk	Biscuits & Jelly Diced Pears Milk	Mini Bagel w/ Cream Cheese Mixed Fruit Milk	Waffles w/ preserves Melon Milk	Sausage Biscuit Peaches Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Egg Noodle Peas Diced Carrots Milk	Fish Shapes Mixed Vegetables Mashed Potato Milk	Hamburger on Bun Baked Apples Green Beans Milk	Baked Ziti w/ Ground Turkey Tossed Romaine Sweet Potatoes Milk	Ham Sandwich Broccoli Carrot Sticks Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cheese Its Peaches Water	Animal Crackers Milk	Wheat Thins Carrot Sticks Water	Triscuits Apples Water	Ritz Crackers Cheese Slices Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Animal Crackers Milk	Triscuits Oranges Water	Saltines Cheese Water	Yogurt Graham Cracker Water	Cheese-its Mixed Fruit Water

Unflavored Milk, 1-2 year-olds Whole Milk and 2–5-year-olds 1%