

MS SHIRLEY MENU WEEK 3

NOVEMBER 3rd – 7th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal D Pears Milk	Biscuits & Jelly Diced Pears Milk	Sausage Biscuits Mixed Fruit Milk	Waffles w/ preserves Melon Milk	Cheerios Cereal Peaches Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Egg Noodle Peas Diced Carrots Milk	Baked Ziti w/ Ground Turkey Tossed Romaine Sweet Potatoes Milk	Chicken Sandwich Carrot Sticks Mixed Fruit Milk	Fish Shapes Mixed Vegetables Mashed Potato Milk	Turkey Sandwich Mixed Fruit Broccoli Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Ritz Crackers Cheese Slices Water	Triscuits Carrot Sticks Water	Wheat Thins Melon Water	Pretzels Pineapple Water	Animal Crackers Milk
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Pretzels Diced Pears Water	Cereal Milk	Saltines Cheese Slices Water	Yogurt Graham Cracker Water	Triscuit Applesauce Water

Unflavored Milk, 1–2-year-olds Whole Milk and 2–5-year-olds 1%