

# MS SHIRLEY MENU WEEK 3

SEPTEMBER 22<sup>nd</sup> – 26<sup>th</sup> 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Waffles w/ preserves  Pineapple  Milk	Biscuits & Jelly  Diced Pears  Milk	Frech Toast Sticks  Mixed Fruit  Milk	Cheerios Cereal  Melon  Milk	Oatmeal   Peaches  Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken & Egg Noodle  Peas Diced Carrots  Milk	Baked Ziti w/ Ground Turkey  Tossed Romaine  Sweet Potatoes  Milk	Beef Stroganoff  Baked Apples Green Beans  Milk	Fish Shapes  Mixed Vegetables Mashed Potato  Milk	Chicken Sandwich  Mixed Fruit Carrot Sticks  Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Cheese Its   Milk	Triscuits  Carrot Sticks  Water	Wheat Thins  Melon  Water	Animal Crackers  Pineapple  Water	Ritz Crackers  Cheese Slices  Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Animal Crackers  Diced Pears  Water	Cereal   Milk	Saltines Cheese Slices  Water	Yogurt Graham Cracker  Water	Cheese-its  Mixed Fruit  Water

Unflavored Milk, 1–2-year-olds Whole Milk and 2–5-year-olds 1%