MS SHIRLEY MENU WEEK 3

JANUARY 13^{th -} 17th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles	English Muffin	Cheerios	Bagel	Biscuits &Gravy
Diced Pears	Diced Pears	Banana	Banana	Banana
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tuna Noodle	Chicken	Beef Stew W/ Rice	Sandwich	Chili W/ Ground
Casserole	Quesadilla			Beef
		Baked Apples	Tater Tots	
Diced Carrots	Cauliflower			Corn Bread
		Broccoli	_	
Peas	Green Beans		Mixed Fruit	Sliced Peaches
		Milk		
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2:30 SNACK	2:30 SNACK	2:30 SNACK	2:30 SNACK	2:30 SNACK
2:30 SNACK Saltines	2:30 SNACK Chex Mix		2:30 SNACK Animal Crackers	2:30 SNACK Cheerios
		2:30 SNACK		
		2:30 SNACK		
Saltines	Chex Mix	2:30 SNACK		Cheerios
Saltines	Chex Mix	2:30 SNACK Graham Crackers Banana	Animal Crackers Mixed Fruit	
Saltines Cheese Water	Chex Mix Banana Water	2:30 SNACK Graham Crackers Banana Water	Animal Crackers Mixed Fruit Water	Cheerios Milk
Saltines Cheese Water 5:30 SNACK	Chex Mix Banana Water 5:30 SNACK	2:30 SNACK Graham Crackers Banana Water 5:30 SNACK	Animal Crackers Mixed Fruit Water 5:30 SNACK	Cheerios Milk 5:30 SNACK
Saltines Cheese Water	Chex Mix Banana Water	2:30 SNACK Graham Crackers Banana Water	Animal Crackers Mixed Fruit Water 5:30 SNACK ½ Peanut Butter	Cheerios Milk
Saltines Cheese Water 5:30 SNACK Wheat Thins	Chex Mix Banana Water 5:30 SNACK	2:30 SNACK Graham Crackers Banana Water 5:30 SNACK Cheese	Animal Crackers Mixed Fruit Water 5:30 SNACK	Cheerios Milk 5:30 SNACK Mixed Fruit
Saltines Cheese Water 5:30 SNACK	Chex Mix Banana Water 5:30 SNACK	2:30 SNACK Graham Crackers Banana Water 5:30 SNACK	Animal Crackers Mixed Fruit Water 5:30 SNACK ½ Peanut Butter	Cheerios Milk 5:30 SNACK Mixed Fruit Goldfish
Saltines Cheese Water 5:30 SNACK Wheat Thins Applesauce	Chex Mix Banana Water 5:30 SNACK Cereal	2:30 SNACK Graham Crackers Banana Water 5:30 SNACK Cheese Ritz Crackers	Animal Crackers Mixed Fruit Water 5:30 SNACK ½ Peanut Butter Jelly Sandwich	Cheerios Milk 5:30 SNACK Mixed Fruit
Saltines Cheese Water 5:30 SNACK Wheat Thins	Chex Mix Banana Water 5:30 SNACK	2:30 SNACK Graham Crackers Banana Water 5:30 SNACK Cheese	Animal Crackers Mixed Fruit Water 5:30 SNACK ½ Peanut Butter	Cheerios Milk 5:30 SNACK Mixed Fruit Goldfish

UNFLAVORED MILK 1–2-year-olds Whole Milk, 2–5-year-olds 1%