

MS SHIRLEY MENU WEEK 3

OCTOBER 14th - 18th 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Bagel	English Muffin	Cheerios	Waffles	Biscuits & Jelly
Peaches	Diced Pears	Mixed Fruit	Banana	Banana
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tuna Noodle Casserole	Bean Burrito	Chicken and yellow Rice	Turkey Sandwich	Chili W/ Ground Beef
Diced Carrots	Cauliflower	Baked Apples	Tater Tots	Corn Bread
Peas	Green Beans	Broccoli	Mixed Fruit	Sliced Peaches
Milk	Milk			
2:30 SNACK	2:30 SNACK	2:30 SNACK	2:30 SNACK	2:30 SNACK
Cheese its	Chex Mix	Graham Crackers	Animal Crackers	Cheerios
D. Pears	Pineapple	Banana	Banana	
Water	Water	Water	Water	Milk
5:30 SNACK	5:30 SNACK	5:30 SNACK	5:30 SNACK	5:30 SNACK
Animal Crackers	½ Peanut Butter Jelly Sandwich	Cereal	Cheese slices	Triscuit
Juice	Water	Milk	Ritz Crackers	Banana
			Water	Water

UNFLAVORED MILK 1–2-year-olds Whole Milk, 2–5-year-olds 1%