

MS SHIRLEY MENU WEEK 3

JULY 15th – 19th 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Pineapple Milk	Cheerios D. Pears Milk	English Muffin Banana Milk	Biscuit Banana Milk	Breakfast Bar Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Yellow Rice Peas Carrots Milk	Turkey on w/w Bread Green Beans Pineapple Milk	Chili w/ Ground Beef Peaches Corn Muffins Milk	Goulash w/ Ground Turkey Broccoli Cauliflower Milk	Red Beans & Rice Mixed Vegetables Mixed Fruit Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Saltines & Cheese Water	Animal Crackers Banana Water	Wheat Thins Banana Water	Chex Mix Mixed Fruits Water	Cheerios Milk
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Graham Crackers Mixed Fruit Water	Crackers & Cheese Water	½ PB & J Sandwich Water	Cheese Crackers Milk	Wheat Thins Banana Water

UNFLAVORED MILK 1–2-year-olds Whole Milk, 2–5-year-olds 1%