

MS SHIRLEY MENU WEEK 3

APRIL 22nd – 26th 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Peaches Milk	Waffles D. Pears Milk	English Muffin Banana Milk	Biscuit Banana Milk	Bagel w/ Peanut Butter Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Dumplings Green Beans Carrots Milk	Red Beans & Rice Corn Peas Milk	Chili w/ Ground Beef Peaches Corn Muffins Milk	Goulash w/ Ground Turkey Broccoli Cauliflower Milk	Grilled Cheese on w/w Bread Tomato Soup Carrot Sticks Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Pretzels & Cheese Water	Animal Crackers Banana Water	Graham Crackers Banana Water	Cheese-it Crackers Water	Chex Mix Carrot Sticks Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Graham Crackers Mixed Fruit Water	Ritz Crackers & Cheese Water	½ PB & J Sandwich Water	Wheat Thins Carrot Sticks Water	Animal Crackers Milk

UNFLAVORED MILK 1–2-year-olds Whole Milk, 2–5-year-olds 1%