

# MS SHIRLEY MENU WEEK 2

DECEMBER 3<sup>rd</sup> – 7<sup>th</sup> 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cheerios Cereal  Diced Pears  Milk	Sausage Biscuit  Banana  Milk	Pancakes w/ preserves  Banana  Milk	Oatmeal  Diced Pears  Milk	English Muffin  Home Fries  Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken Nuggets  Mashed Potatoes  Peas  Milk	Bean Burrito  Diced Carrots  Green Beans  Milk	Tuna Sandwich on w/w Bread  Pineapple chunks  Carrot Raisin Salad	Shepherd's Pie w/ Ground Beef  Mandarin Oranges  Biscuit	Sloppy Joe w/ Ground Turkey  Coleslaw  Baked Beans  Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Chex Mix  Banana  Water	Cheese Crackers  Tomato Wedge  Water	Saltines  Turkey Slice  Water	Peanut Butter  Apple Wedges  Water	Wheat Thins  Cheese Slice  Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Animal Crackers  Milk	Ritz Cracker  Cheese Slice  Water	Peanut Butter  $\frac{1}{2}$ Banana  Water	$\frac{1}{2}$ Egg Salad Sandwich  Water	Pretzels  Applesauce  Water