## **MS SHIRLEY MENU WEEK 2**

JANUARY 22<sup>nd</sup> - 26<sup>th</sup> 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios	Pancakes	English Muffin	Oatmeal	Bagel & Cream Cheese
Diced Pears	Pineapple	Cantaloupe	Peaches	Mixed Fruit
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken &	Tuna Noodle	Turkey	Shepherd's Pie	Pizza on English
Yellow Rice		Sandwich	w/ Ground Beef	Muffin
	Peas			
Cauliflower		Tater Tots	Mixed Vegetables	Tossed Romaine
	Diced Carrots			
Green Beans		Mandarin	Biscuit	Carrot Sticks
		Oranges		
Milk	Milk		Milk	Milk
AFT CNIA OIC				
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Graham	AFT. SNACK Chex Mix	Wheat Thins	AFT. SNACK  Animal Crackers	Cheez-it
Graham Crackers &	Chex Mix	Wheat Thins	Animal Crackers	Cheez-it
Graham Crackers & Yogurt	Chex Mix  Cantaloupe	Wheat Thins  Carrot Sticks	Animal Crackers  Applesauce	Cheez-it Crackers
Graham Crackers & Yogurt Water	Chex Mix  Cantaloupe  Water	Wheat Thins  Carrot Sticks  Water	Animal Crackers  Applesauce  Water	Cheez-it Crackers Milk
Graham Crackers & Yogurt Water 5:15 SNACK	Chex Mix  Cantaloupe  Water  5:15 SNACK	Wheat Thins  Carrot Sticks  Water  5:15 SNACK	Animal Crackers  Applesauce  Water  5:15 SNACK	Cheez-it Crackers Milk 5:15 SNACK
Graham Crackers & Yogurt Water 5:15 SNACK	Chex Mix  Cantaloupe  Water  5:15 SNACK	Wheat Thins  Carrot Sticks  Water  5:15 SNACK  Saltines &	Animal Crackers  Applesauce  Water  5:15 SNACK  Ritz Crackers &	Cheez-it Crackers  Milk  5:15 SNACK Graham
Graham Crackers & Yogurt Water  5:15 SNACK Wheat Thins	Chex Mix  Cantaloupe  Water  5:15 SNACK	Wheat Thins  Carrot Sticks  Water  5:15 SNACK  Saltines & Cheese	Animal Crackers  Applesauce  Water  5:15 SNACK  Ritz Crackers &	Cheez-it Crackers Milk 5:15 SNACK Graham
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