

MS SHIRLEY MENU WEEK 1

JANUARY 7th-11th 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles Diced Pears Milk	Mini Bagel w/ Cream Cheese Banana Milk	Cheerios Peaches Milk	Cheese Toast Pineapple Milk	English Muffin Cantaloupe Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Fish Shapes Green Beans Mashed Potato Milk	Chicken Alfredo Broccoli Diced Carrots Milk	Turkey Sandwich On w/w Bread Carrot Sticks Watermelon Milk	Taco Pie Peaches Cauliflower Milk	Beans and Weenies Coleslaw Cornbread Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cereal Milk	Banana Peanut Butter Water	Apple Wedges Cheese Water	Ritz Cracker Boiled Egg Water	Yogurt Sun Chips Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Graham Crackers ½ Banana Water	Cheese Stick Saltines Water	Cereal Milk	Cheese Crackers Diced Peaches Water	Chex Mix Apple Wedge Water