

# MS SHIRLEY MENU WEEK 1

MARCH 2<sup>nd</sup> – 6<sup>th</sup> 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Waffles  Diced Pears  Milk	Oatmeal  Pineapple  Milk	Cheerios  Peaches  Milk	Mini Bagel w/ Peanut Butter  Cantaloupe  Milk	English Muffin  Cantaloupe  Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Fish Shapes  Green Beans  Mandarin Orange  Milk	Taco Pie  Peaches  Cauliflower  Milk	Chicken Alfredo  Peas  Diced Carrots  Milk	Mac & Cheese w/ground turkey  Broccoli  Melon  Milk	Beef Stroganoff w/ Egg Noodles  Mixed Vegetables  Fruit  Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Cereal  Milk	Goldfish Crackers  Cheese Slice  Water	Pretzels  Mixed Fruit  Water	Yogurt  Wheat Thins  Water	Chex Mix  Applesauce  Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Wheat Thins  Peaches  Water	Animal Crackers  Milk	Graham Crackers  Yogurt  Water	Pretzels  Mixed Fruit  Water	Cheese & Crackers  Water

**Unflavored Milk, 1–2-year-olds Whole Milk and 2–5-year-olds 1%**