

MS SHIRLEY MENU WEEK 1

OCTOBER 20th – 24th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios	Oatmeal	Pancakes	Sausage Biscuit	English Muffin
Pineapple	Pears	Peaches	Cantaloupe	Cantaloupe
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Fish Shapes	Taco Pie	Chicken Alfredo	Mac & Cheese w/ground turkey	Beef Stroganoff w/ Egg Noodles
Green Beans	Peaches	Peas	Broccoli	Mixed Vegetables
Mandarin Orange	Cauliflower	Diced Carrots	Watermelon	Fruit
Milk	Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Animal Crackers	Boiled Egg	Pretzels	Cheese-its	Chex Mix
	Wheat Thins	Mixed Fruit	Cheese	Applesauce
Milk	Water	Water	Water	Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Pretzels	Cheese	Graham Crackers	Animal crackers	½ PB & J Sandwich
Pineapple	Mixed Fruit	Yogurt	Melon	
Water	Water	Water	Water	Water

Unflavored Milk, 1-2 year-olds Whole Milk and 2-5-year-olds 1%