MS SHIRLEY MENU WEEK 1 OCTOBER 20th – 24th 2025

BREAKFAST	BREAKFAST		The state of the s
	DIVEARY AGE	BREAKFAST	BREAKFAST
Oatmeal	Pancakes	Sausage Biscuit	English Muffin
Pears	Peaches	Cantaloupe Milk	Cantaloupe
Milk	Milk	Willix	Milk
LUNCH	LUNCH	LUNCH	LUNCH
Taco Pie	Chicken Alfredo	Mac & Cheese w/ground turkey	Beef Stroganoff w/ Egg Noodles
Peaches	Peas	Broccoli	Mixed Vegetables
Cauliflower	Diced Carrots	Watermelon	Fruit
Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Boiled Egg	Pretzels	Cheese-its	Chex Mix
Wheat Thins	Mixed Fruit	Cheese	Applesauce
Water	Water	Water	Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Cheese	Graham Crackers	Animal crackers	½ PB & J Sandwich
Mixed Fruit		Melon	
Water	Yogurt	Water	Water
	Water		
	Pears Milk LUNCH Taco Pie Peaches Cauliflower Milk AFT. SNACK Boiled Egg Wheat Thins Water 5:15 SNACK Cheese	Pears Peaches Milk Milk LUNCH Taco Pie Chicken Alfredo Peas Peaches Cauliflower Milk Milk AFT. SNACK Boiled Egg Pretzels Wheat Thins Mixed Fruit Water S:15 SNACK Cheese Mixed Fruit Water Yogurt Water	Pears Milk Milk Milk LUNCH Taco Pie Chicken Alfredo Peas Peaches Milk LUNCH Taco Pie Chicken Alfredo Peas Peaches Milk Mac & Cheese W/ground turkey Peas Broccoli Milk Milk Milk Milk Milk Milk AFT. SNACK Boiled Egg Pretzels Wheat Thins Mixed Fruit Water Water Water S:15 SNACK Cheese Graham Crackers Mixed Fruit Yogurt Water Water Water

Unflavored Milk, 1-2 year-olds Whole Milk and 2-5-year-olds 1%