

# MS SHIRLEY MENU WEEK 1

SEPTEMBER 8<sup>th</sup> – 12<sup>th</sup> 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pancakes	Cheese Toast	Cheerios	Mini Bagel w/ Peanut Butter	English Muffin
Peaches	Pears	Pineapple	Cantaloupe	Cantaloupe
Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Fish Shapes	Taco Pie	Chicken Alfredo	Mac & Cheese w/ground turkey	Beef Stroganoff w/ Egg Noodles
Green Beans	Peaches	Peas	Broccoli	Mixed Vegetables
Mandarin Orange	Cauliflower	Diced Carrots	Watermelon	Fruit
Milk	Milk	Milk	Milk	Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cereal	Cheese-its	Pretzels	Yogurt	Chex Mix
	Cheese Slice	Mixed Fruit	Wheat Thins	Applesauce
Milk	Water	Water	Water	Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Pretzels	Peanut Butter & Jelly Sandwich	Graham Crackers	Animal crackers	Cheese & Crackers
Mixed Fruit		Yogurt	Melon	
Water	Water	Water	Water	Water

**Unflavored Milk, 1-2 year-olds Whole Milk and 2-5-year-olds 1%**