

MS SHIRLEY MENU WEEK 1

February 3rd – 7th 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles Diced Pears Milk	Cheese Toast Pineapple Milk	Cheerios Peaches Milk	Mini Bagel w/ Peanut Butter Cantaloupe	English Muffin Cantaloupe
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Fish Shapes Green Beans Mandarin Orange Milk	Taco Pie Peaches Cauliflower Milk	Chicken Alfredo Peas Dice Carrots Milk	Mac & Cheese w/ground turkey Broccoli Melon	Beef Stroganoff w/ Egg Noodles Mixed Vegetables Fruit
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cereal Milk	Goldfish Crackers Cheese Slice Water	Pretzels Mixed Fruit Water	Yogurt Wheat Thins Water	Chex Mix Applesauce Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Pretzels Oranges Water	Peanut Butter & Jelly Sandwich Water	Graham Crackers & Yogurt Water	Wheat Thins Tomato Wedge Water	Cheese & Crackers Water

Unflavored Milk, 1-2-year-olds Whole Milk and 2-5-year-olds 1%