

# MS SHIRLEY MENU WEEK 1

## SEPTEMBER 23<sup>rd</sup> – 27<sup>th</sup> 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
English Muffin  D. Pears	Pancakes  Pineapple  Milk	Cheerios  Bananas  Milk	Cheerios  Banana  Milk	Breakfast Bar  Banana  Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Spaghetti w/ Gr. Turkey  Green Beans  D. Carrots Milk	Turkey & Stuffing  Peas  Corn Milk	Ham Sandwich on W/W Bread  Mixed Fruit  Tater Tots Milk	Chicken & Yellow Rice  Mixed Vegetables  Cauliflower Milk	Taco Pie  Broccoli  Sliced Peaches  Milk
2:30 SNACK	2:30 SNACK	2:30 SNACK	2:30 SNACK	2:30 SNACK
Ritz Crackers  Cheese Slices  Water	Chex Mix  Banana  Water	Graham Crackers  Banana  Water	Animal Crackers  Milk	Triscuits  Turkey Slices  Water
5:30 SNACK	5:30 SNACK	5:30 SNACK	5:30 SNACK	5:30 SNACK
Animal Cracker  Peaches  Water	Peanut Butter and Jelly Sandwich  Water	Crackers  Cheese Slice  Water	Graham Cracker  Banana  Water	Cheese-its  Mixed Fruit  Water

UNFLAVORED MILK 1–2-year-olds Whole Milk, 2–5-year-olds 1%