

# SHIRLEY'S MENU

WEEK 1:

SEPTEMBER 18<sup>th</sup>-22<sup>nd</sup> 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Waffles Diced Pears Milk	Cheerios Pineapple Milk	Cheerios Cheese Toast Peaches Milk	Mini Bagel w/ Cream Cheese Mixed Fruit Milk	English muffin Cantaloupe Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken Nugget Green Beans Mashed Potato Milk	Turkey sandwich On w/w Bread Carrot Sticks Watermelon Milk	Chicken Alfredo Broccoli Diced Carrots Milk	Taco Pie Peaches Cauliflower Milk	Beanies and Weenies Coleslaw Cornbread Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Cheese Crackers Milk	Celery Sticks Peanut Butter Water	Apple Wedges Chex Mix Water	Traffic Light Treats Water	Yogurt Sun Chips Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Wheat Crisps Salsa Water	Cheese Stick Saltines Water	Granola Bar Milk	Graham Crackers Mixed Fruit Water	Chex Mix Apple Wedge Water