

SHIRLEY'S MENU

WEEK 5:

OCTOBER 16th-20th 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CLOSED	Cheerios Cereal Pineapple Chunks Milk	English Muffin w/ Peanut Butter Banana Milk	Sausage Biscuit Melon Milk	Cheese Grits Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Tuna & Egg Noodle Peas Diced Carrots Milk	Chicken Quesadilla Cauliflower Green Beans Milk	Chili w/ Ground Beef Sliced Peaches Corn Bread Milk	Ham & Cheese on Croissant Broccoli Watermelon Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
	Pretzels Apple Wedges Water	What Thins Banana Water	CheX Mix Orange Juice	Peanut Butter Ritz Crackers Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
CLOSED	Saltine Crackers Cheese Water	Cereal Milk	½ Banana Animal Cracker Water	Chips Salsa Water