

# MS SHIRLEY MENU

WEEK 5

MAY 21<sup>st</sup> - 25<sup>th</sup> 2018

| MONDAY            | TUESDAY            | WEDNESDAY                          | THURSDAY          | FRIDAY                       |
|-------------------|--------------------|------------------------------------|-------------------|------------------------------|
| <b>BREAKFAST</b>  | <b>BREAKFAST</b>   | <b>BREAKFAST</b>                   | <b>BREAKFAST</b>  | <b>BREAKFAST</b>             |
| Oatmeal           | Cheerios Cereal    | English Muffin w/<br>Peanut Butter | Sausage Biscuit   | Cheese Grits                 |
| Diced Pears       | Pineapple          | Banana                             | Melon             | Banana                       |
| Milk              | Milk               | Milk                               | Milk              | Milk                         |
| <b>LUNCH</b>      | <b>LUNCH</b>       | <b>LUNCH</b>                       | <b>LUNCH</b>      | <b>LUNCH</b>                 |
| Tuna & Egg Noodle | Chicken Quesadilla | Chili w/ Ground<br>Beef            | Red Beans & Rice  | Ham & Cheese on<br>Croissant |
| Pears             | Cauliflower        | Sliced Peaches                     | Corn              | Broccoli                     |
| Diced Carrots     | Green Beans        | Corn Bread                         | Mixed Fruit       | Watermelon                   |
| Milk              | Milk               | Milk                               | Milk              | Milk                         |
| <b>AFT. SNACK</b> | <b>AFT. SNACK</b>  | <b>AFT. SNACK</b>                  | <b>AFT. SNACK</b> | <b>AFT. SNACK</b>            |
| Cheese Slices     | Pretzels           | Wheat thins                        | CheX Mix          | Peanut Butter                |
| Saltines          | Apple Wedges       | Banana                             | Orange Juice      | Ritz Crackers                |
| Water             | Water              | Water                              |                   | Water                        |
| <b>5:15 SNACK</b> | <b>5:15 SNACK</b>  | <b>5:15 SNACK</b>                  | <b>5:15 SNACK</b> | <b>5:15 SNACK</b>            |
| Wheat Thins       | Saltine Crackers   | Animal Crackers                    | Triscuit          | Chips                        |
| Applesauce        | Cheese             |                                    | Deli Egg          | Salsa                        |
| Water             | Water              | Milk                               | Water             | Water                        |