



Top 20 Rainy Day Activities

Sunshine House EARLY LEARNING ACADEMY

May 2023

No matter the weather, kids love to play the “I’m bored” game. We’ve put together a list of 20 kid-approved activities to combat the inevitable boredom, or you can just store them in your back pocket and save them for a rainy day.

Make a pillow fort—The classic living room fort that sparks the creative engineer inside us all. Every kid dreams about the day when they can create their own blanket kingdom inside their house, so why not make it happen.

Bake something delicious— Baking doesn’t have to be unhealthy. There are tons of alternative cookie recipes using things like bananas or apple sauce. Look up something yummy and get to baking!

Games—Board games. Card games. Make up a game. Spice it up and make it a tournament-style game day.

Venture out of the house— Go to the museum or aquarium. Take the kids to see your office at work—with your boss’s permission, of course. Even though it’s raining it doesn’t mean you have to be cooped up in the house all day. Strap on those rainboots and go on an adventure.

Play dates—Call a friend and team up to keep your kids occupied inside while you guys go catch up on life over some coffee in the kitchen. It’s a win—win situation.

Puzzles—they are inexpensive, educational, and will keep your kids occupied for hours!

Movie marathon—Yes, sometimes it’s completely okay to veg out and watch movies all day. Make a bowl of popcorn and let each kid pick out their favorite movie. Plus, you’ll get some quality cuddle time with your little ones.

Arts and Crafts—Make some slime, homemade playdough, or go the more traditional route with good ole-fashioned coloring book. There are TONS of kid’s craft ideas online, so if you’re not the creative type, no worries! Try searching on Pinterest for some fun ideas.

Science experiments—Use common household items to create experiments with. There are so many safe, fun, and kid friendly science experiments out there, all you have to do is look!

Hide and seek—A classic game that all kids love. Feel free to restrict them to certain areas of the house or give them free rein to roam where they please.

Dance party— Avoid cabin fever by getting all their energy out with some fun music and silly dance moves. Don’t we all feel better after just letting loose for a few minutes?

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Please check Brightwheel every day. There is important information there! Also, make sure your child always has a change of clothes and/or diapers/pull-ups, if necessary. Thank You!

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Caterpillars/Buttercup Butterflies



Pixie Butterflies

For the month of May, the babies will be working on their Gross Motor Skills, they will be learning about flowers and using different sizes of paint brushes to promote their Fine Motor Skills.

In the month of May, the buttercups will touch base on learning body parts and how to move. We will incorporate lots of different music into our lesson plans to make learning fun!

- Meme, Ms. Graciela & Ms. Cynthia

For the month of May, the Pixies will be learning about different animals and insects! We will focus on insects, butterflies and arachnids, reptiles, and birds. The Pixie teachers have a bunch of fun activities planned and we are excited for another fun month!

- Ms. Megan K. & Ms. Joanne



Elf Butterflies



Hello Elf Butterfly Families! We are finished being bakers and now we will become builders. During the month of May, we will be entering a building's study. We will go on virtual tours of some of the most incredible buildings all over the world. We will also focus on the different material used to build and important features.

-Ms. Keyanni

Julia Butterflies

During the month of May will be doing a get ready for kindergarten study. During this study we will be learning about how kindergarten is similar to and different from preschool, how we feel about going to kindergarten and how to make and keep friends in kindergarten. We will also continue to practice for graduation.

-Ms. Paige & Ms. Fallon





Last Day of VPK— May 26th
VPK Graduation—May 26th
CLOSED for Memorial Day—May 29th

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Scavenger hunt—Make a list of things your kids are sure to find around the house and send them hunting until they find all the items. Bonus points to whoever can find the shoe you've been missing for months.

Learn to draw—Watch a tutorial on how to draw your favorite cartoon character and spend the afternoon tuning up your creative abilities.

Stroll down memory lane—Look at old pictures or watch home movies from when the kids were little. Spend the day reminiscing and talking about funny memories.

Lip sync battle—Also known as karaoke, play some of your kids' favorite songs and see who can put on the best show. Bonus points for the kid who dresses up and truly plays the part.

Paper airplanes—Learn how to make paper airplanes and have a contest to see who can come up with the best design that flies the farthest.

Write a letter—Everybody enjoys the good ole-fashioned snail mail. Teach your kids the value of letter writing and make someone's day in the process. Send some to grandma and grandpa, aunts and uncles, friends and neighbors, just really anyone with a mailbox—so, everyone.

Read some books—Get cozied up with your favorite blankets and read some books to your kids. The mommy-and-me time might just be exactly what you needed on this dreary day.

Play in the garage—Move your car out of the way and let your kids have at it. Play dodgeball, ride scooters, and do most of your favorite outdoor activities without the outdoors.

Clean—If your kids are really bored, put them to work sweeping, dusting, and folding laundry, but make it fun of course! Play some tunes and dance around the house while you make it spotless.

Popsicle Stick Pom Pom Bookmark

If you have kids, chances are that you're looking for some easy crafts to keep them busy this month. This easy popsicle pom pom bookmark is a great craft because kids won't need help with it and it has the added bonus of being a usable bookmark for their summer reading. There's even a good chance that you'll already have the supplies (but even if you don't, they're super cheap!). Here's how to make these super cute bookmarks.

Materials Needed:

- Colored Popsicle Sticks
- Pom Poms
- Glue



Instructions:

- Create a flower with 5-7 balls by gluing the pom poms together.
- Start with a center pom pom and fill in the pom poms around it in the color of your choice.
- Squeeze them together tightly when gluing so that the pom poms attach better.
- Glue the flower onto the popsicle stick once the flower is dry.
- When all the glue is dried, the bookmark is ready to be used.

You can imagine all of the fun color combinations for these bookmarks. They are so crazy and easy and will give your kids a fun project to make. They can make this easy popsicle stick pom pom bookmark totally customized to what they want.



Super Supper

Chicken Salad
 Pick-up days
 are
 Thursday, May
 11th and Friday
 May 12th
\$7.00 each

Lasagna w/
 Ground Beef
 and a Tossed
 Salad
 Pick-up day is
 Thursday,
 May 18th
\$7.00 each

Payment is due before pick-up.

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Find us on



EXCELLENCE IN EARLY EDUCATION

Mission:

The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:

The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

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