



20 Phrases to Use When Your Child Isn't Listening

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Our children are often the best mirrors. Over time, I have gracefully taken a step back and realized I needed to clean up my communication. I replaced my judgmental, negative, threatening tone with a neutral, problem solving, empathetic, encouraging one (this took TONS of practice, and I'm still a work in progress) and my little girl's behavior improved dramatically. The lesson was clear for me. Talk to mini-humans the way you'd like to be talked to and things will go a lot smoother. Easier said than done, so over the years, I've adopted the motto "Progress over perfection." These 20 positive phrases are a great place to start if you'd like to make a fresh start with your communication:

1. "What do you need to remember?"
2. "Please talk softly."
3. "Would you like to do it on your own or have me help you?"
4. "What did you learn from this mistake?"
5. "Please _____."
6. "We are on cheetah time today and need to move fast!"
7. "Do you want to leave now or in ten minutes?"
8. "Let's add that toy you want to your birthday list."
9. "Stop, breathe, now ask for what you want."
10. "Respect yourself and others."
11. "Use your teamwork skills."
12. "I need you to _____."
13. "It's okay to cry."
14. "How will you take care of yourself?"
15. "I'll stop, breathe and wait for you to finish."
16. "I love you no matter what."
17. "I am not okay with _____ yet."
18. "You care, so I'd love for you to decide."
19. "I believe in you and am here to support you."
20. "How are you feeling?"

May 2018

Special points of Interest

- 20 Phrases
- Classroom updates
- Employee of the Month
- Mother's Day Cards

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Please check your child's parent folder every day. There is important information there! Also, make sure your child always has a change of clothes and pull-ups, if necessary. Thank You!

Pixie Butterflies

1, 2, 3, 4 the Pixies are counting more and more! We've been counting bugs, bears and even lady bug spots. Working on matching the number of things to the right number too! Discover with your child how many numbers are in and around your home. Mother's Day is coming! Please sign up for our Mother's Day celebration. We are working on a surprise!

-Ms. Stacey & Ms. Maria



Elf Butterflies



We will begin this month with erupting volcanoes as we explore the letter V! We continue to work on our letters, numbers and colors as we work our way to Z and the end of the school year. We enjoyed sharing your children's progress with you during our conferences last month. They are amazing!

-Ms. Jessica, Ms. Beryl, & Ms. Johanna

Julia Butterflies

Julia A & B friends would like to welcome you into May which is full of exciting events. We will continue to go over and prepare for kindergarten as well. Reminder: graduation pictures are on April 30th, Mother's Day Tea is May 11th at 4:30PM and graduation day is May 30th at 6:30PM.

-Ms. Vicky & Ms. Naomi



Buttercup Butterflies



This month we look forward to our Mother's Day Tea, graduation and picture day! As we prepare for these days, we will also be learning about how clocks work, what to do in a garden and what happens in kindergarten!

-Ms. Paige & Ms. Lonni

Employee of the Month

Ms. Heather

Ms. Heather has been a WPDN parent since 2011. She has always been willing to volunteer or help out whenever she could to support the school and our mission. Ms. Heather stepped in as a temporary receptionist, she was so helpful and brought in such positive energy we decided to keep her on to help with various projects and coverage throughout the school. Ms. Heather is always willing to jump in wherever needed and consistently does it with a smile and often a giggle.



May EVENTS

- * Saturday, May 5th is Cinco de Mayo!
- * May 7th to May 11th– Teacher Appreciation Week
 - * Sunday, May 13th is Mother's Day.
 - * Monday, May 28th is Memorial Day.
 - * Friday, May 25th is VPK graduation!
- * Wednesday, May 30th is the last day of VPK!

- * Ms. Alex's and Ms. Destiny's birthday– May 17th
 - * Ms. Amy's birthday– May 19th

Homemade Mother's Day Cards

I am sharing this simple but adorable kid-made Mother's Day Card made out of cupcake liners!

Here's what you'll need:

- ◆ Regular and mini size cupcake liners
- ◆ Buttons/Tacky Glue
- ◆ 5x7 inch blank cards
- ◆ Green crayon and if you can, green cardstock paper
- ◆ Happy Mother's Day stamp and stamp pad (or just hand-write)



1. Stamp your Happy Mother's Day stamp onto the bottom right corner of your blank card.
2. Glue a regular size cupcake liner onto the card with your glue stick. Leave the edges of the liner unglued.
3. Take another regular sized cupcake liner, fold it in half and trim it down a bit. Customize your flower then glue it down on top of your other cupcake liner.
4. Layer your flower one more time by gluing a mini cupcake liner on top.
5. Glue a few brightly colored buttons in the center of your flower.
6. Finish your flower card by drawing a stem on your flower with your green crayon. We made a few variations of the stem. You could also use green cardstock paper for the stem, or green buttons. (Insert picture & a message if you prefer).



WPDN will be closed on Monday, May 28th in observance of Memorial Day.

Super Supper

Black Bean & Chicken Enchilada Casserole with Fruit.
Pick-up is Wednesday, May 16th.

**\$5.00 each
Feeds 1 adult and 2 children.
Sign-up at front desk. Payment is due day before pick-up.**

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Mission:
The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:
The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

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