



7 Simple Springtime Outdoor Activities

By: Mary Hope Garcia

March 2026

Spring is finally here! After such a long and cold winter, it's thrilling to feel the wind in your hair and the warm sun on your face. Here are simple ways to enjoy the outdoors and celebrate spring:

Play in the rain.

Put on your rain gear and play in the puddles! See who can make the biggest or most stylish splash. Make mud pies—don't be afraid to get dirty, revel in the gooey globby mess! Do the Dougie or the robot and sing in the rain. Collect rain in different containers and listen to the sounds of raindrops as they hit a metal, plastic or glass container. Float a boat made out of recycled items, paper or twigs and leaves.

Catch the wind.

Create a windsock kite, pinwheel, or weather vane and learn about the wind. As you're crafting, ask your kids questions: Can you see the wind on a windy day? How do you know it's there? What did it sound like? What did it feel like? Get more ideas on learning about the wind from Curious George.

Go on a walk or bike ride.

Observe the natural world as you make your way through the woods or park.

- Senses walk: Use all of your senses to experience spring. Smell the flowers or grass. Listen to birds chirping. Feel the smoothness or roughness of a rock.
- Shape scavenger hunt: Look closely and you will find shapes all around you. Bonus points for spotting 3D shapes such as a cube, cylinder or sphere.
- Color walk: Find items for every color in the rainbow.
- ABC walk: Look for items that start with each letter of the alphabet.
- Nighttime walk: Listen for nocturnal creatures such as bats and owls.
- Make a masterpiece: Collect items on your walk to create art. Paint sticks or rocks, press flowers, make sun prints, or mix some flower potion.

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Please check Procare updates every day. There is important information there!

Also, make sure your child always has a change of clothes and/or diapers/pull-ups, if necessary.

Caterpillars/Buttercup Butterflies



In March, our Caterpillars will enjoy cozy story time as we explore books that introduce early counting skills, discover the wonders of nature, and delight in familiar nursery rhymes. Through gentle read-alouds, songs, and sensory experiences, we're nurturing early language development and a love for books in a fun and engaging way.

- Meme

Happy March Buttercup Families! This month, we will focus on encouraging self-help skills, introducing early science concepts, and supporting creativity and imaginative play as the butterflies learn through meaningful, developmentally appropriate experiences.

-Ms. Denisse & Ms. Yaxi

Pixie Butterflies

For March, our Pixies will be building their motor skills through fun food art and active movement. Using hands-on activities and assisted play, the children will explore simple cooking experiences, discover new foods, create art, and practice body control through playful sports and movement activities.

-Ms. Ayanna & Ms. Vanessa



Elf Butterflies



March is full of magic and movement for our Elves! This month, we will explore enchanting fairy tales while strengthening literacy skills through storytelling, dramatic play, and creative art activities. We'll also focus on staying healthy by practicing good hygiene, making nutritious choices, and keeping our bodies active. To wrap it all together, our *All About Sports* theme will promote teamwork, coordination, and plenty of movement as we learn and play together.

-Ms. China

Julia Butterflies

Hello Julia butterfly families, This month we will learn all about seeds. We will explore what seeds need to grow, how seeds are spread, how seeds are alike and different, what grows from seeds, and what you can do with seeds. We will also work on our math skills by counting on our fingers and adding things. Please check your child's file folder every day and make sure there are extra clothes in your child's cubby in case of accidents or spills.

-Mr. Kalik & Ms. Paige





Ms. Meme's Birthday—March 12th
 NO VPK—March 16th-20th
 Ms. Paige's 15 Year Anniversary—March 22nd

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Plant a garden.

Reconnect your child with the wonder of nature by showing her/him that a tiny seed can grow into a plant. Keep this simple by planting an herb garden or planting in containers. You can also choose plants to create a garden that attracts specific animals such as a bird or butterfly garden

Watch for wildlife

Make a bird feeder and go bird watching. Look under a rock or log for creep crawlies. Spy on a spider weaving its web. Watch squirrels playing atop trees. Search for animal tracks, skins and feathers.

Look to the skies.

Lie down and watch clouds. Let your imagination run wild as you spot shapes in the clouds. Let your child stay up past bedtime to count the stars, or better yet, to go stargazing.

Go on a picnic.

Spring is the perfect time for a picnic—there are no mosquitos or flies yet! Bring a blanket and some delicious sandwiches or snacks. Turn into a booknic by bringing along books.



Sticky Note Flowers

By: KidsCraftRoom.com

Looking for a fun and easy flower craft to do with your kids? Look no further! This is such a cute and easy spring and summer craft for the kids. They only take a few minutes to make and look so colorful and pretty!

Supplies Needed:

- ◇ Sticky Notes
- ◇ Green Popsicle Sticks
- ◇ Large Pom-Poms
- ◇ Glue
- ◇ Scissors
- ◇ Sticky Tape
- ◇ Cardboard



Directions:

- ⇒ To make your sticky note flower petals, simply curl a sticky note around your finger to make a cone and use it's sticky edge to hold it in place. It is easiest to make a lot of cones at once.
- ⇒ You will need a base for the sticky note petals to sit on, so cut a small circle out of the cardboard. Glue the sticky note flower petals all around the cardboard circle, with the tip of the cones in the middle
- ⇒ Keep adding rolled petals until the circle is complete. Then glue a large pom pom into the middle to make the center of the flower.
- ⇒ Finish your sticky note flower craft by sticky taping a green popsicle stick onto the back to make the flower stalk.

I hope you have lots of fun making your own sticky note flowers!



Super Supper

Chicken
Quesadilla
Casserole
With Fruit
Pick up day is:
Thursday,
March 12th.

Cold Asian
Pasta Salad
With
Peanut Sauce
Pick up day is:
Thursday,
March 26th.

\$7.00 each

Payment is due before pick-up.

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Find us on



EXCELLENCE IN EARLY EDUCATION

Mission:

The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:

The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

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