



Alternatives to the Phrase “Calm Down”

1. I see that you are having a difficult time, let me help you.
2. Take a deep breath.
3. If you need to hit something, hit this pillow.
4. That can be so frustrating, let’s figure this out together.
5. I see that you are mad, how does that feel in your body?
6. Count to 10.
7. Want to squeeze my hand?
8. How about a big hug.
9. Let’s focus on fixing the problem together.
10. If you are feeling sad, you can tell me about it.

March 2017

Special points of Interest

- ✦ Alternatives to Calm Down
- ✦ Classroom updates
- ✦ Employee of the Month
- ✦ Leprechaun Mask

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Please check your child’s parent folder every day. There is important information there! Also, make sure your child always has a change of clothes and pull-ups, if necessary. Thank You!

Pixie Butterflies

We have finished our shape exploration this month and began learning about our five senses. We are also welcoming two new students, Makai and Mariah, this month. The Pixies have enjoyed our music time on Tuesdays with Ms. Nicole and we are looking forward to begin our story time symphony with the Orlando Philharmonic.

-Ms. Stacey & Ms. Stephanie



Elf Butterflies



Spring will be here before we know it! We will be learning about the plants and flowers that nature has provided for us and how butterflies, bees, and the wind help with pollination. We will continue working on two letters of the alphabet each week as well.

-Ms. Vanessa & Ms. Beryl

Blue Wave Butterflies

This month we will finish up the last letters of the alphabet. We will then focus on writing our last name, along with accurately writing our first name. Also, we will be learning about the Irish culture.

-Ms. Jasmine



Julia & Buttercup Butterflies

We are almost done learning all of the letter sounds, names, and how to write each letter! We are excited to say we will start to work on learning the pre-primer list of sight words. We will be sounding out the words, making sentences with them and writing them in our journals. Happy March and thank you for meeting with us for the conferences.

-Ms. Paige & Ms. Vicky



Monarch Butterflies

March already?? Time is really flying! This month we will continue to work on our handwriting, counting, adding, patterns, and also understanding maps. How could we get through the month without discussing/celebrating St. Patrick's Day?! We will touch on the history, folk tales, and symbols of this Irish holiday.

- Ms. Jazzy & Ms. Amy W.



Employee of the Month

Ms. Stephanie

Ms. Stephanie has been a part of the WPDN team for a year and a half and is an amazing addition to our two-year-old classroom. With her eternal patience and calm demeanor she is able to help our little ones work through their big emotions!



We are so proud of Ms. Stephanie as she recently finished her Associates Degree and is moving on to UCF to work toward her Bachelor's Degree.

Ms. Stephanie works hard and her love of WPDN shines through in her work every day!



Please congratulate Ms. Amy Wenner on her promotion to Assistant Director of Winter Park Day Nursery.



Leprechaun Paper Plate Mask

St. Patrick's Day is around the corner and we wanted to create something fun to celebrate! Check out the **St. Patrick's Day Leprechaun Paper Plate Mask** that is fun and super easy to make! I guarantee your kiddos will love these and will play with them day after day!

Here's what you'll need:

- Paper plate
- Green, yellow, and black construction paper
- Orange paint
- Gold glitter
- Craft glue
- Yarn
- Scissors

1. Cut out a circle in the middle of the paper plate.
2. Have your child paint the paper plate orange and allow to dry completely.
3. If you have a younger child you can cut out the hat pieces for them, but if your child is ready to cut the pieces themselves go ahead and draw a small rectangle on a black construction paper, a hat from green construction paper, and a small square with the yellow paper. Allow your child to cut out the pieces for a great fine motor skills activity. For the gold buckle, help your child cut another square inside to create a thin buckle for your hat. Glue it all together.
4. For some extra sparkle you can also add gold glitter to your leprechaun's hat buckle.



Super Supper

March 8, 2017

**Chicken enchilada
casserole
with
tossed salad.**

**Feeds 1 adult & 2
children.**

\$5.00 each



741 S. Pennsylvania Avenue
 Winter Park, FL 32789
 Phone: 407.647.0505
 reception@wpdaynursery.org



Mission:
 The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:
 The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

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