



When Your Children Are Having Tantrums
 By *The Children's Movement of Florida*
 "Teachable Moments"

1. Pause. Be Mindful and breathe in and out.
2. Try to identify the source of their tantrum.
3. Allow them space to settle and vent their big feelings.
4. Give them a behavior alternative.
5. Give them a big, warm hug.
6. Empathize with their thoughts and wishes.
7. Divert their attention with a book, toy or question.
8. Speak in a relaxing, positive and soothing tone.
9. Take them to a different environment.
10. Tell yourself everything is okay.

February 2017

Special points of Interest

- ✦ Having Tantrums
- ✦ Classroom updates
- ✦ Employee of the Month
- ✦ Fingerprint Love Canvas

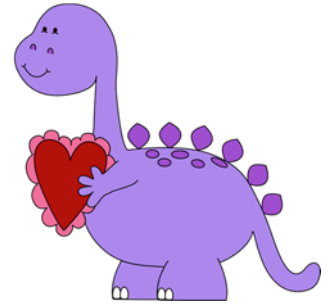
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Please check your child's parent folder every day. There is important information there! Also, make sure your child always has a change of clothes and pull-ups, if necessary. Thank You!

Pixie Butterflies

We began the year with shape exploration from scooping stars, lacing hearts, and making rectangle penguins. We will even get to draw shapes in shaving cream. We look forward to sharing all that your child has learned so far this school year during the parent conferences this month!

-Ms. Stacey & Ms. Stephanie



Elf Butterflies



In January, we experienced some cool winter weather and learned about life underwater in the cool, blue ocean. This Valentine's month, we will focus on our feelings and what we are sensitive to in our environment. We will also learn about our five senses.

-Ms. Vanessa & Ms. Beryl

Blue Wave Butterflies

This month we will be finishing up our alphabet letters. Uu, Vv, and Ww. We will then review all the letters of the alphabet. We will also be exploring the continent Africa and learning about famous Black Historians for the month of February.

-Ms. Jasmine



Julia & Buttercup Butterflies



As we continue to learn letter sounds and letter names, we will learn numbers and counting to 20. We look forward to Valentine's Day and want to tell you that we will have a Valentine's exchange. If you would like to bring Valentines, our class has 21 students combined. Have a great month!

-Ms. Paige & Ms. Vicky

Monarch Butterflies

Hello all, since Black history month is in February, what better culture to celebrate this month than the African/African American culture? We will be recognizing various contributions to society including the 3 signal traffic light, Jackie Robinson's barrier breaking entry in the MLB, as well as various musicians and poets. We will also discuss various African and Caribbean countries. We plan to share several folktales as well. Last, but not least, we will celebrate Valentine's Day.

- Ms. Jazzy & Ms. Amy W.



Employee of the Month

Ms. Megan

Our Employee of the Month for February is Megan Brown. Megan is the Director of Family Services at WPDN and has been a part of our family since 2013. She started as a teacher and moved into administration shortly after. The support and guidance that Megan provides to our teachers and students is crucial to the success of us all. She is always here and she is always available to help. Please take a moment to stop by and tell her thank you for being amazing and congratulations!



Valentine's Day is approaching and there are just a few things we would like for you to keep in mind:

- Please be sure not to include names on Valentines.
- No outside food or drinks are allowed which includes cakes, cupcakes, candy, etc.
- WPDN does not prefer that you bring candy; however, we encourage Valentines to include items like stickers, pencils, etc.

Number of Valentines per Classroom:

Pixies- 12

Elves- 16

Blue Wave/Monarch- 20

Julia/Buttercup- 21

Fingerprint Love Canvas

It seems like Christmas was just yesterday and Valentine's Day is quickly approaching. This Valentine's Day Fingerprint Love Canvas is sure to brighten up anyone's day and put a smile on their face every time they look at it.

- Here's what you'll need:
- 1 plain canvas (pictured is an 11x14)
 - 1 cardboard cereal box
 - Pencil
 - Scissors
 - Masking tape
 - Paint colors of your choice

1. Begin by making the letters. Make sure the letters all fit on the canvas before you cut them out and tape them to the canvas. Trace the letters onto the cardboard cereal box. You can use a heart symbol instead of the letter "O" if you would like.
2. Cut the letters from the cardboard and tape them to the canvas.
3. Using various colors, dip fingers in the paint and stamp all over the canvas. Make sure you get closer to the edges of the letters so they stand out.
4. Allow the paint to dry completely, then gently remove the cardboard letters.



School Closed:

**We will be
closed for
President's Day on
Monday, February
20, 2017.**

Super Supper

February 23, 2017

**Chicken Enchilada
casserole
with
tossed salad.**

**Feeds 1 adult & 2
children.**

\$5.00 each

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Mission:
The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:
The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

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