



## Put a Doctor's Kit on Your Gift List

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Gift lists are endless, filled with this gadget and that “must-have” toy. If you’re looking for something to fill out your gift list, here is an unlikely solution I swear by: A doctor’s kit.

### What’s so wonderful about a doctor’s kit?

#### 1. Brain-building imaginative play.

Imaginative play like the kind they’ll do with a doctor’s kit is where it’s at if you want a child who can get along with others, self-regulate, think creatively and solve complex problems. And it’s fun!

#### 2. The opportunity to practice deep breathing.

Our doctor’s kit allows lots of opportunities to coach deep breathing. “Time to listen to your lungs. Watch your tummy go waaaay out while you breathe in.” Broken leg? Deep breaths while we set the bone. Need a shot? Pretzel together. Sick visit for a bad cough? Deep breath with lots of dramatic, fake coughing.

#### 3. The ability to process a scary situation in a safe and fun way.

Active calming through deep breathing and helpful affirmations will help soothe an upset system. Replace “you’re okay” with “you’re safe”. Validate the child’s experience through empathy. It feels like confident comfort: “You are safe.” “You can handle this.” “We’ll get through this together.”

**When playing doctor, be present with your child and enjoy!**

**Having fun and connecting is the most important (and most beneficial) part of playing with a doctor’s kit.**

Please check your child’s parent folder every day. There is important information there! Also, make sure your child always has a change of clothes and diapers/pull-ups, if necessary. Thank You!

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## Caterpillars/Buttercups Butterflies



We are so excited about our infant/toddler classroom! We are ready to meet our new school family and to explore the classroom and learn about each child individually. Our goal is to make sure your child experiments with sensory activities throughout the year, while also expanding social, motor, and vocabulary skills. We look forward to the upcoming school year and learning and playing with your child.

**-Ms. Natalie, Ms. Johanna, & Ms. Destiny**

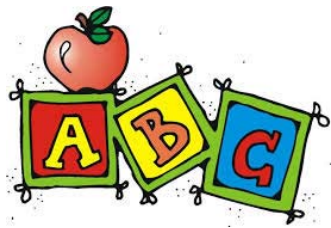
## Pixie Butterflies

Summer fun has ended. We now look forward to greeting new friends and new learning opportunities. We will be exploring our centers and finding the new items. Showing our new friends how to use our words and to share, as we grow our school family.

**-Ms. Stacey & Ms. Maria**



## Elf Butterflies



We have enjoyed our summer program immensely and will celebrate with an outdoor picnic on the last day, August 3rd. Congratulations to our friends who are moving up to the Pre-K class. As we say goodbye and good luck to them, we welcome our new friends to the Elf Butterfly class! It is going to be an exciting school year with lots of fun learning experiences.

**-Ms. Jessica, Ms. Beryl, & Mr. Anthony**

## Julia Butterflies

This month as summer winds down and we prepare for the school year, we will talk about making new friends, using manners and what will happen in the new school year! We send well wishes to our friends who are going to Kindergarten! Have a great year!

**-Ms. Paige & Ms. Vicky**



# AUGUST events

## Birthdays

Ms. Lakishia- August 4th

## Work Anniversaries

Ms. Vicky- August 8th

Our second parent orientation night will be held on Wednesday, August 8th from 6-7PM. Virtual Urgent Care Services through Nemours will be here as well.



Please return the completed Nemours survey and contracts that were given at Parent Orientation at your earliest convenience. By doing so, this will help us ensure the program runs smoothly at WPDN.

## Back to School Bus

If you're looking for a super cute and fun Back to School craft idea, check out this school bus created out of wooden craft sticks! It makes a perfect keepsake to display those priceless first day of school pictures.

### Here's what you'll need:

- ♦ Jumbo Wood Craft Sticks (5.75")
  - ♦ Skinny Wood Craft Sticks (4.5")
  - ♦ Yellow Craft Paint & Paintbrush/Sponge
  - ♦ Craft Glue & Scissors
  - ♦ Black Craft Foam
  - ♦ Letter Stickers, Buttons, Gems for Decoration
1. For each bus, you'll need 3 jumbo sticks and 5 skinny sticks. Paint all sticks yellow and let dry. Cut about an inch off of 4 of the skinny wood sticks. Arrange the 4 short skinny sticks so they are evenly spaced vertically. Glue the longer uncut skinny stick across the top of the other four. Glue the jumbo sticks across the bottom of the skinny sticks as shown in the photo above.
  2. Cut circles out of the black craft foam. Embellish wheels with buttons, or paper brads. Glue another button or craft gem for a headlight. Add lettered stickers to the front if desired.
  1. Attach photos in the "windows" of the bus. Another further step would be to glue magnets to the back so that you could display on the fridge or another metal surface.



**WPDN will be closed on Monday, September 3, 2018 in observance of Labor Day.**

### Super Supper

**Pizza  
Pepperoni or  
Cheese  
Comes w/ Side  
Salad  
Pick-up is  
Wednesday,  
August 15th.**

**BBQ Chicken Legs  
with Mashed  
Potato & Corn.  
Pick-up is  
Wednesday,  
August 29th.**

**Feeds 1 adult and  
2 children.  
Sign-up at front  
desk. Payment is  
due day before  
pick-up.  
**\$5.00 each****

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**Mission:**  
The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

**Vision:**  
The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

*Winter Park Day Nursery is a 501 (c)(3) tax exempt organization.*