



# 12 Powerful Parenting Phrases That Make Talking To Kids Easier

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Talking to kids can come so easily. They have thoughts about everything and stories for miles. They see the world in a completely different light, and could ask enough questions to fill an afternoon. But sometimes finding the right words for talking to kids can be really, really challenging.

Here are some of my favorites:

1. "At the same time..." Using the word "but" can complicate already tense conversations. Often seen as negating whatever came before, it can create confusion and hurt feelings.
2. "I need you to.../You need to..." One of the biggest invitations for power struggles comes when we make our requests sound optional.
3. "I see..." Stating your observations as you come upon a problem helps to prevent you from placing blame or making assumptions.
4. "Tell me about..." Similar to #3, the key to this phrase is not assuming.
5. "I love to watch you..." This is a great phrase to keep at the ready for every day, proactive relationship building.
6. "What do you think you could do...."
7. "How can I help..."
8. "What I know is..." There are times when our kids tell us things we KNOW are not true.
9. "Help me understand..."
10. "I'm sorry..." Kids aren't always the ones making the mistakes in these difficult situations.
11. "Thank you..."
12. "I love you..."

For the full article please visit, <https://notjustcute.com/2017/05/03/12-powerful-parenting-phrases-that-make-talking-to-kids-easier/>

Please check your child's parent folder every day. There is important information there! Also, make sure your child always has a change of clothes and pull-ups, if necessary. Thank You!

April 2018

## Special points of Interest

- ✦ 12 Powerful Phrases
- ✦ Classroom updates
- ✦ Employee of the Month
- ✦ Rain Sticks

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## Pixie Butterflies

Let's take a moment to welcome Ms. Maria as our new co-teacher with Ms. Stacey as Ms. Stephanie has been promoted to our new position as behavior coach. Lots of number fun ahead; counting bugs, bears, and frogs. Oh my! We're even creating our own number book. Don't forget to sign up for Parent Conferences April 9th-13th. We enjoy these times we can share your child's accomplishments with you.

**-Ms. Stacey & Ms. Maria**



## Elf Butterflies



We have been measuring and mixing to make oobleck, playdough, and quicksand among other fun hands-on activities. We played putt-putt golf and even learned how to play ring toss! This brings us to letter R this month where we will be continuing our cooperative group activities and sports. Looking forward to seeing you at our parent-teacher conferences the week of April 16th!

**-Ms. Jessica, Ms. Beryl, & Ms. Johanna**

## Julia Butterflies

Hi parents! Julia A and B class will both be learning all about spring. This month we will also be working on kindergarten readiness and exploring community helpers. We are looking forward to our upcoming pre-k graduation.

**-Ms. Vicky & Ms. Naomi**



## Buttercup Butterflies



This month we will be getting ready for graduation! We will also be learning about community helpers and what jobs they have. We will be reviewing our letters and numbers as we prepare for kindergarten!

**-Ms. Paige & Ms. Lonni**

## Employee of the Month

### **Ms. Nicole**



Ms. Nicole returns to WPDN most holiday breaks and during the summer. Ms. Nicole's experience with children and her Master's degree in Exceptional Student Education make her a valuable asset to our school. By being able to jump right in each time she returns this allows our full-time staff to take time off while knowing their students are still well cared for.

### April Events

- \* April Fool's Day & Easter are on April 1, 2018.
  - \* Parent Night: Get Set for Kindergarten  
Thursday, April 5, 2018  
Sign-up at front desk.
  - \* April 28th—Ms. Stacey's 10th work anniversary!
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## Rain Sticks

Today's rain sticks are no exception! They're easy to make, the kids will love decorating them, and they sound great!

### **Here's what you'll need:**

- ♦ Cardboard Tube (saran wrap or aluminum rolls I find are more sturdy)
- ♦ Aluminum Foil
- ♦ Watered Down Glue or Mod Podge
- ♦ Colored Tissue Paper
- ♦ Nails or Tacks (fasteners)
- ♦ Filler: Rice, Corn Kernels, Small Buttons, etc.
- ♦ Craft Foam Stickers

1. Push nails/tacks into the tube- more is better than less. (moms/dads only)
2. Roll your tube in aluminum foil.
3. Give a good squeeze all the way around so the foil is tight to the tube, stuff the excess at ONE of the ends into the tube plugging that end good and tight with foil.
4. Pour your filler items into the open end of the tube. Seal up the open end just like you sealed the bottom. Brush them with watered down white glue and then cover them with squares of colored tissue paper, giving the tissue a light coating of the watered down glue and decorate with foam stickers.



**Please be sure to turn in your child's VPK certificate for 2018-2019 at your earliest Convenience to secure their spot.**

### **Super Supper**

**Choose Meat or Veggie Quiche with Side Salad  
Pick-up is Wednesday, April 11th.**

**Ham, Roasted Potatoes, and Green Beans  
Pick-up is Wednesday, April 25th.**

**\$5.00 each  
Feeds 1 adult and 2 children.  
Sign-up at front desk. Payment is due day before pick-up.**

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### **Mission:**

The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

### **Vision:**

The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

*Winter Park Day Nursery is a 501 (c)(3) tax exempt organization.*