

MS SHIRLEY MENU WEEK 6

SEPTEMBER 19th-23rd 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Diced Pears Milk	English Muffin w/ Peanut Butter Peaches Milk	Pancakes Pineapple Milk	Oatmeal Peaches Milk	Biscuit & Gravy Mixed Fruit Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Egg Noodle Green Beans Cauliflower Milk	Beef Stroganoff Peas Carrots Milk	Fish Shapes Baked Apples Green Beans Milk	Tuna Sandwich on w/w Bread Pineapple Chunks Tater Tots Milk	Sloppy Joe w/ Ground Turkey Coleslaw Baked Beans Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Graham Crackers Diced Pears Water	Cheerios Milk	Animal Crackers Peaches Water	Saltines & Cheese Slices Water	Cheez-it Crackers Tomato Slices Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Cheerios Milk	Wheat Thins Applesauce Water	Ritz Crackers & Cheese Water	Chex Mix Mixed Fruit Milk	Animal Crackers & Yogurt Water

