

**MS SHIRLEY MENU WEEK 6**  
**NOVEMBER 29<sup>th</sup> DECEMBER 3<sup>rd</sup> 2021**

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| <b>BREAKFAST</b>                                       | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  |
| English Muffin<br>w/Cheese<br>Peaches<br>Milk          | Oatmeal<br><br>Peaches<br><br>Milk                      | Mini Bagel<br>w/Cream Cheese<br>Pineapple<br><br>Milk             | Cheerios<br><br><br>D. Pears<br><br>Milk  | Sausage Biscuit<br><br><br>Cantaloupe<br><br>Milk                           |
| <b>LUNCH</b>   | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  |
| Chicken Nuggets<br>Mashed Potatoes<br>Peas<br><br>Milk | Chicken & rice<br><br>D. Carrots<br>Green Beans<br>Milk | Hamburger on Bun<br>Sliced Tomatoes<br><br>Tater Tots<br><br>Milk | Cheese Pizza on English Muffin<br>Pineapple Chunks<br><br>Carrot Sticks<br><br>Milk | Grilled Cheese on w/w Bread<br>Tomato Soup<br><br>Carrot Sticks<br><br>Milk |
| <b>AFT. SNACK</b>                                      | <b>AFT. SNACK</b>                                       | <b>AFT. SNACK</b>   | <b>AFT. SNACK</b>   | <b>AFT. SNACK</b>   |
| Cheese Crackers<br><br>Milk                            | Ham Slices<br>Saltine<br><br>Water                      | Wheat Thins<br>Banana<br><br>Water                                | Animal Crackers<br>Orange Wedges<br><br>Water                                       | Chex Mix<br>Cheese<br><br>Water   |
| <b>5:15 SNACK</b>                                      | <b>5:15 SNACK</b>                                       | <b>5:15 SNACK</b>   | <b>5:15 SNACK</b>   | <b>5:15 SNACK</b>   |
| Teddy Grahams<br>Pears<br><br>Water                    | Graham Cracker<br>Banana<br>Water                       | Cracker<br>Cheese Slice<br><br>Water                              | ½ Ham Sandwich<br><br>Water   | Cheese Its Crackers<br>Mixed Fruit<br><br>Water                             |