

MS SHIRLEY MENU WEEK 6

OCTOBER 18th – 22nd 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
English Muffin w/Cheese Peaches Milk	Oatmeal Peaches Milk	Mini Bagel w/Cream Cheese Pineapple Milk	Cheerios D. Pears Milk	Sausage Biscuit Cantaloupe Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets Mashed Potatoes Peas Milk	Chicken & rice D. Carrots Green Beans Milk	Hamburger on Bun Sliced Tomatoes Tater Tots Milk	Cheese Pizza on English Muffin Pineapple Chunks Carrot Sticks Milk	Grilled Cheese on w/w Bread Tomato Soup Carrot Sticks Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Ham Slices Saltine Water	Cheese-its Milk	Wheat Thins Applesauce Water	Animal Crackers Orange Wedges Water	Chex Mix Cheese Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Animal Crackers Pears Water	Pretzels Apple Juice	Cracker Cheese Slice Water	½ Ham Sandwich Water	Graham Cracker Mixed Fruit Water Water